

# Energy-Saving Tips for Your Home



# ENERGY SAVING TIPS

## Cut Costs & Save Energy

*Simple Tips for Your Home!*

1. Use Energy-Efficient Appliances: Look for appliances with an energy-saving label to reduce power consumption.
2. Switch to LED Bulbs: LED bulbs use up to 80% less energy than regular bulbs and last longer.
3. Unplug Devices When Not in Use: Chargers, TVs, and microwaves use power even when switched off. Unplug them.
4. Optimise Cooking Methods: Use lids on pots, pressure cookers, and energy-efficient stoves to cook faster and save gas/electricity.
5. Use Natural Light & Ventilation: Open windows for light and fresh air instead of using lights and fans during the day.
6. Maintain Your Appliances: Regular servicing of fridges, ACs, and water heaters improves efficiency and reduces energy waste.
7. Children should be supervised by adults in the kitchen
8. Strike the match first before switching on the gas knob when cooking with LPG
9. Switch off the regulator knob when gas is not in use
10. Avoid wearing highly flammable clothes when cooking
11. Do not leave cooking food unattended
12. Open the doors and windows in your kitchen



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